



CHIJK (KELLOCK)

121 Queensway Singapore 149059
Tel: 62730096 • Fax: 6273 1710 • Email: chijks@moe.edu.sg
<http://www.chijkellock.moe.edu.sg>

*A Christ-centered learning community where every child will develop
her unique giftedness to lead and make a difference.*

9 January 2018

Dear Parents/Guardian,

MOE Sexuality Education In Schools Programme – The Growing Years Programme

1. We are writing to inform you that the school will be conducting our Sexuality Education (SEd) Programme based on the “Growing Years Series” for the Primary 5 students.
2. This programme aims to educate our students on accurate, current and age-appropriate knowledge on human sexuality and the changes they may experience as they grow physically and emotionally. It seeks to inculcate the social and moral values of human relationships and facilitate a healthy sense of identity as they grow to be independent young adults. We hope that our students would develop a moral compass and respect for themselves and for others.
3. This programme will be conducted by our own teachers in Term 4 Week 8 - 9 and it is strongly recommended for our Primary 5 students. Please refer to Annex A for the lesson coverage.
4. If you are uncomfortable with your child / ward participating in this programme, you may choose to withdraw her from it. Please indicate your reasons for withdrawal to facilitate our continued improvement in this programme for the future. We look forward to your support. You may access our school website (<http://www.chijkellock.moe.edu.sg/>) for more information on our sexuality education programme for 2018.
5. Kindly return the acknowledgement and Opt-Out (only for parents who would like to opt their daughters out of the programme) form/s to your daughter’s form teacher by 16 January 2018. For any queries, you may contact Mrs Hannah Yuen at 6273 9674. Thank you.

Yours sincerely,

Mrs Hannah Yuen
HOD Student Management

Ms Magadeline Chin
Principal





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Parent's Name: _____

Parent of (Child's name): _____

Ms Magdalene Chin

CHIJ (Kellock)

Dear Principal

THE GROWING YEARS PROGRAMME FOR YEAR 2018

Acknowledgement of Letter – For all parents.

I acknowledge receipt of letter from the school regarding the school's sexuality education, *Growing Years* programme, that will be taught in 2018. I have read the information provided on the content coverage and delivery of the programme.

Parent's Acknowledgement: Name & Signature



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Parent Opt-out Form

– Applicable only if parents wish to opt their child out of the Growing Years programme

1. I would like to withdraw my child, _____, of
(full name of child)

_____ from the *Growing Years* programme for 2018.
(class of child)

2. My reason(s) for my decision to opt my child out of the programme:

- Religious reasons
 - My child is too young.
 - I would like to personally educate my child on sexuality matters.
 - I do not think it is important for my child to attend Sexuality Education lessons.
 - I have previously taught my child the topics in the GY Programme for this year.
 - I am not comfortable with the topics covered in the GY Programme for this year.
 - Others: _____
- _____

3. Thank you.

Parent's Name & Signature

Contact No. (mobile)

Email address (optional)



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Annex A

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At CHIJK (Kellock), the following lessons from the Growing Years Programme will be taught in **2018**:

Primary 5

Units	Lessons/Duration	Lesson Objectives At the end of the lesson, pupils will be able to:	Time Period
Gosh! I Am Changing	What Is Happening To Me? (30 min)	<ul style="list-style-type: none"> know what puberty is identify the physical changes during puberty 	Term 4 Week 8-9
	What can I do? (Part 1) (30 min)	<ul style="list-style-type: none"> identify the stresses caused by physical changes during puberty describe ways to manage the stresses caused by physical changes during puberty 	
	What can I do? (Part 2) (30 min)	<ul style="list-style-type: none"> identify the stresses caused by physical changes during puberty describe ways to manage the stresses caused by physical changes during puberty 	
	Main Task (30 min)	Description of the Main Task: Pupils are to play the role of an Aunt Agony to help peer address her experienced during puberty. They will consider the situation from the point of view of the peer and share ways to help her cope with the changes she is going through.	
Where I Belong	What Are Families? (30 min)	<ul style="list-style-type: none"> know that there are different types of family structures know that every family is unique state that the three basic functions of families are to provide love, protection and guidance identify the right sources of help to turn to when in need 	
	What is My Role? (30 min)	<ul style="list-style-type: none"> know that gender is about being male or female choose not to stereotype by gender 	
How Do I Keep Myself Safe?	What is Safety? (30 min)	<ul style="list-style-type: none"> know what sexual abuse is know that there are laws in Singapore that can protect them from sexual abuse know their rights in keeping themselves safe from sexual abuse 	
	Stop It! Run! Tell! (30 min)	<ul style="list-style-type: none"> protect themselves by resisting and removing themselves from harm and seeking help from a trusted adult know their responsibilities in minimising the risk of sexual harm 	