



CHIJ (KELLOCK)

1 Bukit Teresa Road Singapore 099757
Tel: 62730096 • Fax: 6273 1710 • Email: chijks@moe.edu.sg
<http://www.chijkellock.moe.edu.sg>

*A Christ-centered learning community where every child will develop
her unique giftedness to lead and make a difference.*

15 January 2020

Dear Parents/ Guardians

MOE SEXUALITY EDUCATION IN SCHOOLS - *THE GROWING YEARS PROGRAMME*

Sexuality Education (SEd) in schools is about enabling students to understand the physiological, social and emotional changes they experience as they mature, develop healthy and rewarding relationships including those with members of the opposite sex, and make wise, informed and responsible decisions on sexuality matters. SEd is premised on the importance of the family as the basic unit of society. This means encouraging healthy, heterosexual marriages and stable nuclear family units with extended family support. The teaching and learning of SEd is based on respect for the values and beliefs of the different ethnic and religious communities in Singapore on sexuality issues.

2. The goals of Sexuality Education are:

- (i) To help students make wise, responsible and informed decisions through the provision of accurate, current and age-appropriate knowledge on human sexuality and the consequences of sexual activity;
- (ii) To help students know themselves and build healthy and rewarding relationships through the acquisition of social and emotional skills of self-awareness, management of their thoughts, feelings and behaviours, development of empathy for others, possession of effective communication, problem-solving and decision-making skills; and
- (iii) To help students develop a moral compass, respect for themselves and for others as sexual beings, premised on the family as the basic unit of society, through the inculcation of positive mainstream values and attitudes about sexuality.

3. The key messages of Sexuality Education are:

- (i) Love and respect yourself as you love and respect others;
- (ii) Build positive relationships based on love and respect (which are the foundation for strong families);
- (iii) Make responsible decisions for yourself, your family and society; and





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- (iv) Abstinence before marriage is the best protection against STIs/HIV and unintended pregnancies. Casual sex can harm and hurt you and your loved ones.
4. Please visit the school's Sexuality Education webpage (<https://chijkellock.moe.edu.sg>) for more information on CHIJKellock's Sexuality Education Programme for 2020.
 5. Please refer to Annex A for details of the programme. Please submit the enclosed acknowledgement slip to your child's form teacher by 22 January 2020. Thank you.

Yours sincerely,

Mrs Hannah Yuen
HOD Student Management

Ms Magadelene Chin
Principal

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[Parents' Acknowledgement – *This is to be signed by parents of all P6 students.***]**

Dear Ms Chin & Mrs Yuen,

THE GROWING YEARS PROGRAMME FOR YEAR 2020

I acknowledge receipt of letter from the school dated on 15 Jan 2020 regarding the school's sexuality education, *Growing Years* programme that will be taught in 2020. I have read and understood the information provided on the content coverage and delivery of the programme.

Parent's Name & Signature

Date

Parent of: _____ ()
(Child's Name)

Class

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[Parent Opt-out Form – This section is applicable only if parents wish to opt their child out of the Growing Years programme and submit it by 22 January 2020.]

Date: _____

Parent's Name: _____

Parent of (Child's name): _____

Ms Magdalene Chin

CHIJKellock

Dear Principal,

THE GROWING YEARS PROGRAMME FOR YEAR 2020

1. I would like to withdraw my child, _____, of
(full name of child)

_____, from the *Growing Years* programme for 2020.
(class of child)

2. My reason(s) for my decision to opt my child out of the programme:

- Religious reasons
- My child is too young.
- I would like to personally educate my child on sexuality matters.
- I do not think it is important for my child to attend Sexuality Education lessons.
- I have previously taught my child the topics in the GY Programme for this year.
- I am not comfortable with the topics covered in the GY Programme for this year.
- Others: _____

3. Thank you.

Parent's Name & Signature

Contact No. (mobile)

Email address (optional)



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Annex B

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At CHIJ (Kellock), the following lessons from the Growing Years Programme will be taught in 2020:

Primary 6

UNIT	LESSONS / DURATION	LESSON OBJECTIVES At the end of the lesson, pupils will be able to:	TIME PERIOD
Are We More Than Friends?	Who Are My Friends? (30 min)	<ul style="list-style-type: none"> identify the qualities of a healthy friendship recognise the importance of making wise choices in friendship 	Term 4 Wk 3 - 7
	Am I A Good Friend? (30 min)	<ul style="list-style-type: none"> identify the qualities that they have as a friend recognise the importance of developing in oneself the qualities of a good friend 	
	What is Love? (30 min)	<ul style="list-style-type: none"> identify the characteristics of love and infatuation distinguish between the characteristics of love versus infatuation 	
	Am I Falling In Love? (30 min)	<ul style="list-style-type: none"> identify strong feelings arising from infatuation. manage strong feelings arising from infatuation identify ways to manage and cope with teasing from peers 	
	Main Task (30 min)	Description of the Main Task: Pupils are to play the role of a game designer who wants to create a board game to help pupils of their age learn more about the Big Idea of Relationships, specifically on family, friendships, love and infatuation. They will consider the issues that their peers would face and craft questions and answers that they believe their peers would benefit most from knowing.	
Friends or Foes?	Are You Really My Friend? (30 min)	<ul style="list-style-type: none"> identify the pros and cons of forming relationships through social networking websites know ways to keep themselves safe when using social networking websites 	
	Is It All Safe? (30 min)	<ul style="list-style-type: none"> know that some information (like pornography) received through the Internet may be harmful know ways to keep themselves safe when using the Internet 	



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UNIT	LESSONS / DURATION	LESSON OBJECTIVES At the end of the lesson, pupils will be able to:	TIME PERIOD
	Main Task (30 min)	Description of the Main Task: Pupils are to apply their understanding of Safety in a variety of scenarios where the main character could be in a precarious situation. They will consider the situation from the point of view of the main character, discuss what they think and feel about the situation and what they will do or say to ensure their safety. These scenarios will provide pupils with the opportunity to demonstrate their understanding of Safety and that safety is a right and a responsibility.	